



*Conseil Européen des Confréries  
Enogastronomiques Consiglio Europeo di  
Confraternite Enogastronomiche Consejo Europeo  
de Cofradías Enogastronómicas Conselho Europeu  
de Confrarias Enogastronômicas European  
Oenogastronomic Brotherhoods Council  
Ευρωπαϊκό Συμβούλιο Αδελφοτήτων Γαστρονομίας & Οινολογίας  
Európski Pohár Enogastronómiai Egyesületek Szövetsége*

**Tour-Packages:** We put to disposal of the participants and companions the opportunity to visit and know some appearances of the social and cultural life of Portugal, suggesting some tourist points of Algarve in the following tourist programs prepared for you:

### Tour-Packages

#### Monday, 4th november – TOUR TO TAVIRA (mínimum 25 persons)



**TAVIRA** Place of crosses of different peoples and cultures - Phoenicians, Turdetans, Arabs, Jews - It was after the Christian recapture seat of a county with increasing influence in the kingdom of Portugal. Land of the King and of crucial importance for the success of the Portuguese expansion in the north of Africa in the XV and XVI centuries, saw its political, religious and economic prestige grow, which allows the development of a remarkable constructive and artistic activity, as it is exemplified by the famous school of Renaissance architecture by André Pilarte, and later, during the 18th century, the activity of the maestro Diego Tavares de Ataíde.

Hardly find in Portugal, as well as in Tavira, the constituent elements of a historic city of the Atlantic-Mediterranean estuary.

**10: 00h** Departure by bus from the REAL Sta. Eulália hotels. Visit to the Historical Center of Tavira, followed by lunch in Santa Luzia, the parish of Tavira, known as the capital of the octopus.

At 15:00 visit to the Town Hall of Tavira where they will be received by the President of the Municipality.

Return to Albufeira at 17:00

- Price of the excursion per person (lunch included): **48 €**



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## Tuesday, 5th november – TOUR TO SAGRES AND LAGOS (minimum 25 persons)



**SAGRES**, is a Portuguese town of Vila do Bispo municipality.

It is famous for the School of Sagres, the nautical school that Infante D. Henrique installed in the fifteenth century.

The parish was created in 1519, by dismemberment of Vila do Bispo. Until 1834, Sagres constituted an independent municipality. It had, in 1801, 413 inhabitants. At the moment it is freguesia of the municipality of Vila do Bispo.

It has a very rich heritage, such as:

Fortress of Sagres (tower and walls), at Ponta de Sagres

Fortress of Cabo de San Vicente or Convent of Corvo

Fortress of Beliche or Fortress of Santo António do Beliche

Fort of Our Lady of the Guide or Fort of the Baleera

Cabo de San Vicente Lighthouse

Lighthouse of Sagres

**LAGOS** - Church of Santo António - Probably built under the reign of D. João V, was built to serve as a place of worship for the military of Lagos, belonging to the military administration. Damaged in the earthquake of 1755, it was recovered in 1769 by order of Hugo Beaty, commander of the Lagos Infantry Regiment.

In 1924, the Church was classified as a National Monument. In 1931, the sacred art section of the Regional Museum of Lagos was installed in the sacristy of the Church.

**10: 00h** Departure by bus from the REAL Sta. Eulália hotels. Visit to Sagres (Fortress). Follow to Lagos where we will visit the Church of San. António Lunch in Lagos at the Bodega de Marina. Return to Albufeira at 5:00 p.m.

Price of the excursion per person (lunch included): **58€**



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Euryaiki Bowia Gasteronómiki Euxoditaki Sýndetáksi*

### Wednesday, 6th november – TOUR TO ALBUFEIRA (mínimum de 25 persons)



**Albufeira** is a Portuguese city in the district of Faro, region and sub-region of the Algarve.

The municipality is limited to the west and northwest by the municipality of Silves, to the northeast and to the east by Loulé and to the south it has a wide coast in the Atlantic Ocean.

The toponym Albufeira comes from the Arabic word al-Buḥayra, designation of s. VIII, which means the lagoon or by the sea, or, according to other specialists, castle of the sea, arranging altaneira and in amphitheater on the sea. The narrow streets, the old castle and the very white houses with their roofs and arches survive from the Arab period.

The current area of the municipality of Albufeira is occupied by man at least since 2000 a. C. The Romans gave him the designation of Baltum and the Arabs. that they occupied in 716, they named it Albuar or Albuhera.

Its castle, practically impenetrable due to its strategic position, was the last Arab stronghold to fall into the hands of King Alfonso III of Portugal. In the year 1250, in the year 1250, it was donated to the order of Avis.

The five centuries of Arab presence can speak of a profound alteration of the urban and rural reality that still today constitute a true Arab legacy. Advances in agricultural techniques (daughter-in-law, sugar gardens, orchards, etc.) are, on the other hand, white houses with roofs and winding streets, in addition to innumerable linguistic influences.

From the 1960s, Albufeira has become a great tourist city of international renown. The town was elevated to the city through the law of August 23, 1986.

**10: 00h** Departure by bus from REAL Sta. Eulália hotels. Visit to Paderne, Ojos de Agua, Historical Center, etc. Around 13:30, lunch at the La Lagosteira restaurant with Algarve gastronomy tasting. Return to the hotels at 17:00

Price of the excursion (lunch included): **48 €**

Dinner (optional) at Restaurante Lagosteira - Price per person: **35 €**



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Euryaiki Bowia Gastronómiki Euxedhótiki Seíxetrées*

## Thursday, 7th november – TOUR TO QUINTA DOS VALES (minimum 25 persons)



**LA QUINTA DE LOS VALES** is located in Estombar, in the municipality of LAGOA. Lagoa is a Portuguese city belonging to the district of Faro, in the province, the Algarve region.

Long before the reported accomplishments of D. Palo Peres Correia (1242-1246) Laguna Earth were being conquered from the Arabs and thus integrated into the kingdom of Portugal, sticking to the term of the land of Silves.

In the middle of 1550, at the request of Queen Dom Catalina of Hapsburg, the Carmelite friars of the Old Observance were established in those lands, and an important monastic space of that same religious order was founded: the Convent of Our Lady of Carmen.

The 16 of January of 1773 by alvara of the king D. Jose I was created the municipality of Lagoa, having been elevated to the condition of town to its main town - Lagoa.

According to historical sources, the primitive agglomerate of Lagoa was born around a lagoon, whose swamps were dry with the purpose of creating fertile lands and houses where the towns of the Muslim empire ended up being installed.

**QUINTA DE LOS VALES** - Much more than a simple winery, in addition to producing award-winning wines, it organizes events of all sizes and various activities for groups and families, providing accommodation based on the concept of wine tourism. The art produced by the owner of the Quinta, Karl Stock, promises to delight. Wine test and lunch.

**10: 00h** Departure by bus from the REAL Sta. Eulália hotels. Visit to Carvoeiro, continuing towards Quinta dos Vales, wine tasting and lunch. Return to Albufeira at 17:00

Price of the excursion (lunch included): **58 €**

Dinner (optional) at Restaurante Garrafeira Venezia - Price per person: **35 €**





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## Friday, 8th november – DAY AT ALBUFEIRA



This day you can enjoy culinary specialties based on Portuguese seafood that dominate this lunch in which we can taste various types of fish, seafood and Portuguese preserves.

- 09: 30h Bus departure from Real Sta. Eulalia hotels;
- 10.15h Extraordinary Chapter of the Guild of Gastronomers of the Algarve, with Enthronement of European Cofrades;
- 11:00 Promotion and tasting of Portuguese wines;
- 12.00h Show Cooking;
- 13:00 Presentation and tasting of products and preserves of the Portuguese sea;
- 13: 30h buffet lunch "the flavors of the Portuguese sea";
- 17:00 pm Return to the hotel.

In the catering spaces created for this purpose, you can find: sepia feijoada, shrimp, grilled sardines, seasoned mackerel, among many other dishes of Portuguese cuisine.

Price of the excursion (lunch included): **26 €**

## Friday, 8th november – WELCOME DINNER



### **20:30 Welcome buffet dinner at the Hotel Grande Real Santa Eulalia Restaurant**

Opportunity to receive the friends of the eight member countries of the CEUCO and live with the principle of this European Council "Friendship and Fraternity"

Algarve gastronomy menu with animation. Price per person: **30 €**



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## Saturday, 9th november – CONGRESS ACTIVITIES



XVII EUROPEAN CONGRESS OF CEUCO ACCORDING TO PROGRAM

## Sunday, 10th november – Farewell lunch



(See program)

### **13:30 Farewell lunch with Algarve gastronomy.**

The food of the Algarve is transmitted by tradition. It's like a product of collective genius. Nobody invented it and they invented it all.

In the Algarve there is no land that does not register the specialty of a different, wise, fine bite, true symphony of flavors always sublime.

Price per person: **25 €**